## WHAT IS CLAIMED IS:

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- A wide-band dispersion controlled optical fiber, characterized in that a cut-off wavelength is substantially 1285 nm or less, dispersion values are -12 to -4 ps/nm/km in a
  wavelength region of substantially 1285 nm to 1330 nm and 8 to 14 ps/nm/km at substantially 1625 nm wavelength, a zero dispersion wavelength is positioned in a wavelength region below substantially 1430 nm, wherein the effective cross-section area of the optical fiber at substantially 1550 nm wavelength is less than 75 μm², and wherein the difference of losses between the 1550 nm wavelength and the 1625 nm wavelength is substantially 0.03 dB/km or less.
- 2. The optical fiber according to claim 1, wherein the wide-band dispersion controlled optical fiber includes an internal core which has a diameter d1 and a refractive index n1; an external core which encloses the internal core and has a diameter d2, the refractive index n2 of the external core gradually decreasing from n1 in the direction away from the center of the internal core; an internal clad which encloses the external core and has a diameter d3 and a refractive index n3; and an external clad which encloses the internal clad and has a refractive index n4,

0.0048, and  $0 \le (n3-n4)/n3 \le 0.0014$ .

4. The optical fiber according to claim 1, wherein the optical fiber has a dispersion slope of substantially 0.074 ps/nm<sup>2</sup>/km or less at the zero dispersion wavelength.

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- 5. The optical fiber according to claim 1, wherein the optical fiber has a dispersion value of -9 ps/nm/km or more at substantially 1310 nm wavelength.
- 6. The optical fiber according to claim 1, wherein the optical fiber has a loss of 10 0.25 dB/km or less at substantially 1625 nm wavelength.

7. The optical fiber according to claim 1, wherein the optical fiber has a bending loss of 0.05 dB or less at substantially 1550 nm when it is wound 100 turns around a roller with a diameter of 60 mm.

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8. A wide-band dispersion controlled optical fiber, wherein a cut-off wavelength is 1285 nm or less, dispersion values are -12 to -4 ps/nm/km in a wavelength region of 1285 nm to 1330 nm and 8 to 14 ps/nm/km at 1625 nm wavelength, and the dispersion slope is 0.074 ps/nm²/km or less at zero dispersion wavelength.

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9. The optical fiber according to claim 8, wherein the zero dispersion wavelength of the optical fiber is positioned in a wavelength region of less than 1430 nm.

- 10. The optical fiber according to claim 8, wherein the effective cross-section area of the optical fiber is less than 75  $\mu$ m<sup>2</sup> at 1550 nm wavelength.
- 5 11. The optical fiber according to claim 8, wherein the dispersion values are -6 ps/nm/km or less at 1310 nm and 14 ps/nm/km or less at 1625 nm wavelength.
- 12. The optical fiber according to claim 8, wherein the optical fiber has a bending loss of 0.05 dB or less at 1550 nm when it is wound 100 turns around a roller with a 10 diameter of 60 mm.
- 13. The optical fiber according to claim 8, wherein the wide-band dispersion controlled optical fiber includes an internal core which has a diameter d1 and a refractive index n1; an external core which encloses the internal core and has a diameter d2, the refractive index n2 of the external core gradually decreasing from n1 in the direction away from the center of the internal core; an internal clad which encloses the external core and has a diameter d3 and a refractive index n3; and an external clad which encloses the internal clad and has a refractive index n4,

0.0048, and  $0 \le (n3-n4)/n3 \le 0.0014$ .

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15. A wide-band dispersion controlled optical fiber comprising:

an internal core;

5 an external core enclosing the internal core;

an internal clad enclosing the external core; and

an external clad enclosing the internal clad, wherein respective refractive indexes between the cores and the clads are tuned using respective diameters and distribution of refractive indexes to obtain a predetermined cut-off wavelength and 10 predetermined negative range of dispersion values in an O-band wavelength region, a predetermined dispersion value in a positive range the C-band and L-band wavelength regions, a zero dispersion wavelength positioned in a wavelength region of less than a predetermined value, and wherein a cross-section area at a predetermined wavelength is less than a predetermined value, and wherein deviation of optical loss according to wavelength is below a predetermined value.

16. The optical fiber according to claim 15, wherein the cut-off wavelength is 1285 nm or less and the dispersion values are -12 to -4 ps/nm/km in a wavelength region of 1250 nm to 1330 nm and 8 to 14 ps/nm/km at 1625 nm wavelength.

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17. The optical fiber according to claim 15, wherein the zero dispersion wavelength is positioned in a wavelength region below 1430 nm.

- 18. The optical fiber according to claim 15, wherein the effective cross-section area at 1550 nm wavelength is less than 75  $\mu m^2$ ,
- 19. The optical fiber according to claim 15, wherein the deviation of optical loss5 according to wavelength is below a predetermined value is 0.03 dB/km or less.